

Dr Stefan J de V Rawlins

Plastic & Reconstructive Surgeon

MBCHB(UOVS) MMED(PLAST)

PRACTICE No: 0254258 MP: 0374547

BTW No: 430261588

PHITIDECTOMY / FACELIFT

THIS PROCEDURE WILL BE DONE UNDER GENERAL ANAESTHETIC AND WILL TAKE 3 HOURS

POST OPERATIVE CARE:

- PAIN MEDICATION WILL BE ADMINISTERED IN THEATRE WITH AN INTRAVENOUS INFUSION RUNNING INTO YOUR ARM OR HAND
- IF YOU STILL EXPERIENCE PAIN, PLEASE CONSULT THE SISTER ON DUTY
- YOU WILL BE DISCHARGED AFTER TWO HOURS
- EAT SOMETHING AT HOME AND START WITH YOU PRESCRIBED MEDICINE
- PLEASE KEEP THE BANDAGES IN POSITION FOR 5-6 DAYS. DR RAWLINS WILL REMOVE IT HIMSELF
- DRAINING TUBES WILL BE REMOVED IN THE ROOMS AFTER 3 DAYS
- SOFT DIET FOR 2 DAYS BECAUSE CHEWING MUST BE MINIMIZED
- AVOID COUGHING, VOMITTING AND EVEN CONSTIPATION AS FAR AS POSSIBLE FOR 2 WEEKS
- DO NOT PICK UP HEAVY OBJECTS FOR 2 WEEKS
- STOP SMOKING FOR AT LEAST ONE MONTH
- MAKE YOUR APPOINTMENT TO SEE DR RAWLINS AS SOON AS POSSIBLE
- AVOID THE SUN / SUNBED FOR ONE YEAR

COMPLICATIONS THAT MAY OCCURE:

- BLEEDING (swelling that grows bigger slowly)
- INFECTION (red, hot wounds and fever)
- SCARS
- BLOODCLOTHS
- FACE NERVES DAMAGE

IF YOU EXPERIENCE ANY PROBLEMS, PLEASE CONTACT DR S RAWLINS ON **0824573766** OR OUR ROOMS ON **(012) 548 0431 / 0872308476**

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